The clinical Psychology program at Baruch Ivcher School of Psychology invites you to a Special Seminar with

Dr. Shaul Navon

Hypnotherapy & Psychotherapy
Senior Medical and Rehabilitation Psychologist
Senior Licensed Hypnotherapist

On:

The Dual-Dialectical Intervention Paradigm: From Impasse to Turning Point in Cognitive Psychotherapy and Hypnotherapy

Monday, March 28th 2016, at 2:30pm
Room CB01, Arazi-Ofer building

This paper describes Dual-Dialectical Intervention Paradigm (DDIP), an updated therapeutic methodology within the framework of cognitive psychotherapy and hypnotherapy that intends to deal with stuck and resistant situations in therapy. The DDIP is based on the assumption that patients habitually regard their problems as one-dimensional and thus tend to become rigid in their attitudes toward this problem. DDIP suggests a psychotherapeutic process to transform patients negative and rigid problem perception, into a more positive and functional mental state that provides a dual-dialectical dimensional view of the problem, thereby offering patients more options and freeing them to contend with their problems better. A proposed psychotherapeutic tool named as Differentiation/Integration Work is introduced to provide patients with freedom of choice and help them to distinguish between the alternatives suggested in their verbal expressions. DDIP is a novel psychotherapeutic intervention within cognitive psychotherapy.

You are invited!