MUDA - the Israeli Center for Science, Mindfulness and Society, at the Unit of Applied Neuroscience, IDC Herzliya

Is happy to invite you to a one-day workshop of Science and Dharma on:

The Intersubjective Basis of Our Perception of Reality

As part of MUDA’s ongoing effort to create and foster a dialogue between Mindfulness and Science, we invite you to join a day of study, practice and discussion around the question above.

This workshop will be the first of four, intended to explore the topic of intersubjectivity. Over the year, we will explore different levels of human interconnection, and how human interconnection influences our experience and our brains. We will explore these issues in the Buddhist tradition, and with the insights provided by psychology and neuroscience. We aim to culminate at a retreat/workshop where we plan to host an international expert on the topic.

The first workshop will address the way our reality is shaped by our connection to other people.

The day will include:

− A Dialogue between Prof. Mario Mikulincer, Dean of the school of Psychology, IDC Herzliya, and Prof. Yaakov Raz, Tel Aviv University
− Sessions of short guided Meditation
− Discussion in small groups

When and Where:

− Wed, March 30th, from 13:00 – 21:00
− Campus Broshim, Ramat Aviv (see map below)

Participation is limited to 30 people:
Scientists and psychologists who participated at least in one mindfulness retreat. Priority will be given to those who have participated in one of the retreats organized by MUDA.

- Dharma students interested in exploring the scientific aspects of their experience

**Application and Registration:**

- The workshop is free of charge however application is required.
- We will inform those who will be invited to join the day by email, by March 17th.
- Please send an application via email to scientistsretreat@gmail.com with a short Bio describing yourself and your professional background, including a short explanation why you would like to join this workshop (1 page max)