The School of Psychology invites you to a Special Seminar with

Dr. Eli R. Lebowitz
Associate Research Scientist
Yale Child Study Center

On:

"Complications and Innovations in the Treatment of Childhood Anxiety Disorders"

Thursday, January 12, 2012, 10:00 A.M., Faculty club, IDC Herzliya Campus

Anxiety disorders are the most common disorders of childhood and adolescence. Cognitive behavioral therapy and psychopharmacology have garnered support as effective treatments in most cases. However, many patients do not respond to treatment and many others are reluctant to engage in them. One of the factors that predict poor treatment response is parent accommodation, in other words changes in parental behavior which are directed at reducing anxiety or helping the child to avoid the need to cope with it. Attempts to integrate parent training as an added element in the treatment of anxiety have not yet yielded convincing evidence that this represents a significant contribution over individual child treatment. This lecture will present new information regarding accommodation to childhood anxiety disorders, including studies of the ways young people may forcefully impose accommodation and the development of a checklist for assessing these situations. In addition, a novel parent based treatment protocol will be presented which was developed as an alternative to treating children who are reluctant to engage in therapy or who have not responded to treatment. Preliminary data on the efficacy of this program will be presented and one detailed clinical case will exemplify the therapeutic process.