The clinical Psychology program at Baruch Ivcher School of Psychology invites you to a Special Seminar with

Dr. Orya Tishby
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On:

To Seek or not to Seek? Adolescents' Willingness to Seek Help for Emotional Distress

Monday, March 14th 2016, at 2:30pm
Room CB01, Arazi-Ofer building

Adolescence is period of emotional distress and conflict. One of the issues which is of great concern to parents and professionals is how to encourage adolescents to share their worries and to seek help. In my talk I will present results from a study conducted among high school students in Jerusalem, in which they were asked to identify areas of distress, report on whether or not they chose to share their distress with others, and their choice of an informal helping agent. They were also asked to rate their willingness or to seek professional help and explain why they did or did not seek professional help. Results show that help seeking for emotional distress is influenced by gender and socioeconomic status, so these factors should be considered when planning interventions for adolescents.

You are invited!