The 'new wave In Psychotherapy' Program at Baruch Ivcher School of Psychology at IDC Herzliya cordially invite you to

**Externship in Emotionally Focused Couple Therapy - EFT**

With

**George Faller, LMFT**  
**Elana Katz, LCSW, LMFT**  
Certified EFT Supervisors and Trainers

Monday-Thursday, February 1-4 2016, at 8:30am  
Mina Rokeach Auditorium (SL103), Radzyner-Sustainability building  
IDC Campus, Kanfei Nesharim St., Herzliya

Opening words and Moderation by  
**Osnat Cohen-Ganor, LCP**  
The Israeli Community for Couples EFT

The science of love and relationships is ushering in a new era for couple and family therapy. Based on the neuroscience of adult love, EFT is validated by 30 years of scientific research. EFT is a short-term, structured and tested approach to reduce stress in adult love relationships and create more secure attachment bonds. It is also used with families.  
Formulated in the 1980's EFT is growing in popularity across North America and internationally. Research studies find that more than 70%-75% of couples move from distress to recovery and approximately 90% show significant improvements.
Expand your effectiveness in working with couples through four days of theoretical and clinical training. This training experience provides a complete introduction to EFT in a dynamic learning environment, and fulfills the initial externship requirement for certification in Emotionally Focused Therapy.

The Externship Program Includes:

- Theoretical foundation of EFT
- Clinical techniques and skills
- Training exercises
- Video recordings of EFT with couples
- Observation of live interviews
- Discussion of specific cases and clinical issues, and

Participants Will Learn:

- To see marital distress from an attachment perspective
- To help partners reprocess the emotional responses that maintain marital distress
- To shape key new interaction and bonding events, and
- To overcome therapeutic impasses.

In addition:

- An extensive manual will be provided.
- Follow-up courses and supervision will be available.

Prerequisite:
A graduate degree in psychology, counseling, clinical social work, or marriage and family therapy (or nearing completion). Please pay attention: EFT Externships and Advanced Core Skills trainings are designed for mental health professionals and trainees only. Participants are required to note their professional affiliation on registration

Before coming to the externship, participants are strongly encouraged to read this background textbook: *The Practice of Emotionally Focused Couple Therapy: Creating Connections* (2004), by Dr. Susan M. Johnson.
Registration Information and Fees:
Please register early as the number of participants is very limited in order to foster a more personal, experiential learning environment.
The early registration fee (opens till 30/11/15) is 1650 Shekels.
Standard registration fee (open 1/12/15) is 1850 Shekels.
Students, Interns & Retired are eligible for a 1000 Shekels fee until 30/11/15, and 1400 shekels beginning 1/12/15.
Exclusive 50% discount available only for students of the New Wave Psychotherapy Core Studies Program.

Space is limited; please make sure register in advance
Workshop registration fee in advance, until Wednesday, January 27th 2016

Click here to register
To contact the organizers: register-therapy@idc.ac.il

About The Presenters

George Faller, LMFT

George Faller is a retired Lieutenant of the NYC Fire Department, a Licensed Marriage and Family Therapist in New York and Connecticut and an Approved Supervisor for the American Association of Marriage and Family Therapists. He is the founder and President of the New York Center for Emotionally Focused Therapy (EFT). As an EFT Trainer, George teaches several classes with Elana Katz at the Ackerman Institute for the Family in New York City, is a board member of the Porter Cason Institute for the Family at Tulane University in New Orleans, and is the director of training at the Center for Hope and Renewal in Greenwich, CT. The experience George brings to the EFT community is vast, as he works as a marriage consultant and conference leader to the US Military, FDNY, Wall Street executives, and trains therapists across the U.S. and abroad. Specializing in trauma, Family EFT, and self-of-the-therapist issues, George is committed to bringing EFT to marginalized groups and pushing the leading edge of effective therapy. George has been a featured guest on MSNBC Nightly News “People Making a Difference” with Brian Williams.
Elana Katz, LCSW, LMFT

Elana Katz is a senior faculty member at the Ackerman Institute for the Family where she teaches advanced family therapy and directs the Family Mediation Program. She has presented nationally and internationally on family therapy, mediation, and collaborative divorce, including annual meetings of the American Family Therapy Academy, the American Association of Marriage and Family Therapists, the International Academy of Collaborative Professionals, and the Psychotherapy Networker. One of the first therapists in New York to become certified in Emotionally Focused Therapy, Ms. Katz is now one of forty Trainers in EFT worldwide. She is responsible for bringing the EFT Externship to New York where, under her direction, more than 1000 therapists have now studied EFT. In partnership with George Faller she has been teaching innovative courses in EFT at Ackerman since 2009. Most recently she developed the very successful EFT Certification Bootcamp, a program that helps therapists deepen their emotional awareness and effectiveness in practicing this model.

Ms. Katz has published a number of articles and has been quoted by the New York Times, the Associated Press, and other media outlets, including National Public Radio. A founding board member of the New York Center for EFT, Ms. Katz serves on the Executive Board of NYCEFT as well as the Board of Directors of the New York Association for Collaborative Professionals. Her private practice is in Manhattan.

Osnat Cohen-Ganor

Osnat Cohen-Ganor is a Clinical psychologist and an EFT couple therapist. Cohen-Ganor is a member of the founding committee of the New School of Psychotherapy, where she has been committed to bringing the leading edge of effective therapy and lecturing extensively about couples EFT. She is a member of the academic committee of the "New Wave in Psychotherapy Program" at the IDC Herzliya, where she teaches and supervises. Cohen-Ganor is the founder of the Israeli Community for Couples EFT, and maintains a private practice working with couples and individuals as a psychotherapist and supervisor using the cutting edge practice of emotion and attachment based therapy: EFT, AEDP and parents therapy. Cohen-Ganor has specialized in Relational Psychoanalysis at the Mitchell Institute in NY, alongside Dyadic therapy at the Jewish Board and the Ackerman Institute and EFT with Sue Johnson and George Faller and AEDP with Diana Fosha.