The School of Psychology invites you to a Special Seminar with

Mrs. Moran Mizrahi

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On:

"Sexual Healing:
Can Sex Repair Attachment Insecurities?"

Tuesday, May 29th 2012, at 10:30
Faculty room, IDC Herzliya Campus

Adult romantic love can be conceptualized in terms of three distinct behavioral systems: attachment, caregiving, and sex. Indeed, romantic partners typically function simultaneously as attachment figures, caregivers, and sexual partners. Although past research has provided substantial evidence on the role of attachment orientations in shaping sexual attitudes and behaviors, there is a gap in the literature on the possible contribution of the sexual-mating system to the formation of attachment bonds. In an 8-month longitudinal study we followed newly dating couples and examined whether sexual desire can reduce levels of relationship-specific attachment insecurity (i.e., anxiety and avoidance) over time. Results indicated that both relationship-specific attachment anxiety and relationship-specific attachment avoidance declined over time. However, among both men and women, this decline was moderated by sexual desire. These findings suggest that sexual desire plays an important role in the formation of close relationships and contributes to the development of emotional bonds.

You are invited!